

# INSTRUMENT & MATERIALS LIST FOR DENTAL SKILLS TRAINEES JANUARY 2017

1. Kilgore Typodont 32 teeth GUB gingiva with articulator (D95SDP-200-GUB) (two)
2. Oral cavity cover (two)
3. Darwin plates
4. Rubber sheet
5. Glide bar chair mount KI-003A (for practice on dental chair)
6. Adult FRP with aluminum cheeks OR Darwin Head
7. S12-200 Endodontic Teeth (clear roots)
  - a. 1.6 (#3)
  - b. 2.6 (#14)
  - c. 4.6 (#30)
8. A27AN-200 Composite Resin Teeth with Caries
  - a. A27A-11F #8 MD caries Minimal
  - b. A27A-13A #6 Distal Caries
  - c. A27A-16C #3 Class I (4 caries places)
  - d. A27A-22C #10 MD caries Minimal
  - e. A27A-36H #19 Class I (3 caries places)
  - f. A27A-36N #19 MOD Caries (moderate)
  - g. A27A-37 #18 Occlusal Caries
  - h. A27A-46K #30 MOD caries (small)
  - i. A27A-46U #30 MOD Caries (moderate)
9. A22-200 Composite Resin Teeth with Hollow Pulp
  - a. 1.3 #6
  - b. 1.1 #6
  - c. 3.6 #19
  - d. 4.6 #30
10. A21AN-200 series Prep Teeth
  - a. UR76A #2 (1.7) MOD
  - b. LR76B #31 (4.7) MOD
  - c. 1.1 & 2.1 Class IV supragingival
  - d. 2.7 & 3.7 Molar MOD
  - e. 1<sup>st</sup> molar MOD

## Devices

11. Cordless LED curing light unit (110v)
12. Amalgamator with time & speed control (110v)
13. Magnifying loupes (2.5x or 3x) with headlight, batteries and orange filter

## Infection control

14. 5 x Zirc B-lok divided trays with safe-lok covers
15. Nitrile gloves
16. Plastic over-gloves
17. White coat
18. Scrubs

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19. Masks
20. Overhead (for loose hair)
21. Blue sticky barriers
22. Sleeves barriers for handpiece and air-water syringe
23. Paper towel

## Hand Instruments

24. Thin tip explorer (Hu -friedy XP23/ONC15 or XP23/QW explorer + probe)
25. Zinc mirror crystal HD no. 5
26. Perio probe 123 graded (Hu-freidy PQOW6) if you want to buy perio probe alone
27. Small mosquito forceps
28. Tweezers (IDEAL 311)
29. Metallic caliper Gauge
30. Curved scissors (Iris 4.5)
31. Ball burnisher 1, 1.2, 1.5 & 2mm (Hu-friedy BB26/27S)
32. Endo explorer (Hu-friedy DG16)
33. Endo excavator [sharp] small & large (Hu-friedy EXC31L/32L)
34. Curved Injection type amalgam carrier 90 degree (Plastic)
35. Round non -serrated condenser [1, 1.5 mm] (Hu-friedy 0.1 – 1.2 NS)
36. Hollenback carver [medium] (Hu-freidy CVHL 1/2)
37. Descoid-cleoid carver [medium] (Hu-freidy CD 3/6)
38. Gold knife [sharp & angulated] (Hu-freidy CR 21)
39. Composite spatula [short]
40. Plastic composite spatula (Hu-freidy TNCV1PC or TNC1PCL)
41. Universal Curette (Hu-freidy SG 1/2)
42. Single use scalpels with covers [Number 22, 12 & 15]
43. Plastic filling instrument #1 (Hu-freidy)
44. Astropol rubber cup

## Rotaries

45. Two Push button High speed hand pieces (1 Standard head & 1 Mini-head) with Triple spray & 4 -holes, separate coupler is better but not mandatory)
46. Push button Low speed contra -angled hand piece [Latch-grip]
47. Push button Low speed contra -angled hand piece [friction -grip]
48. Air motor converter [4 holes] for the contra-angle low speed
49. Enhance Mini cones
50. 3M soflex extra-thin discs small & large (M, F & SF grit)
51. 3M clip-on mandrel
52. Astrobrush
53. Fine Diamond burs
  - a. 330 [short pear] - red
  - b. 1mm fissure-red A13SF
  - c. 245 [long pear] - red A19SF

# INSTRUMENT & MATERIALS LIST FOR DENTAL SKILLS TRAINEES JANUARY 2017

- d. 010 End cutter [safe side]: red crosstech A18F
  - e. 010 End cutter [safe Side tissue safe] - red A18RF
  - f. Size 2 long shank round - red ALL1F
  - g. Size ¼ long shank round – red ALLOF
  - h. 012 safe end [flushed end] - red [crosstech N1MF]
  - i. 012 round end minimal taper -red B5F
  - j. 016 modified shoulder minimal taper stone -red B4LRF
54. Standard (blue) diamond burs
- a. 023 round long shank -blue [crosstech ALL5M]
55. Coarse (green) diamond burs
- a. 018 flat end cylinder - green [crosstech B1LLC]
  - b. 781.8 round end minimal taper -coarse [primier two striper-2015478] – B5C
  - c. 777.8 round end minimal taper -coarse [primier two striper-2015972] – C6SC
  - d. 020 pin guided bur [crosstech N4LL]
56. Multi-fluted carbides [20-30 flutes]
- a. 7664
  - b. Large round 9008
  - c. Small round 9004
  - d. Medium bullet 9406
  - e. Egg shaped finishing 1.4mm 12 blade TF-7404
  - f. Thin flame shaped long shank safe tip DET 3P
57. Gates glidden size 5
58. White mounted stone [flame shaped for correcting rubber dam clamps]

## Rubber Dam

- 59. Rubber dam puncher
- 60. Rubber dam clamp forceps
- 61. Rubber dam clamps no. 13A, 12A, 2, 2A, 212
- 62. Rubber dam frame
- 63. Flexidam sheets [purple or green] non-latex

## Materials

- 64. Integrity or Protemp 4 - for temporary crown material cartridge [for gun use] shade A3.5 recommended or mexitemp by HS
- 65. GC Unifast Trad Self Cure acrylic Powder and liquid(for candidates who like to use acrylic for provisional crown)
- 66. GC corporation G-coat plus 4 mL (for candidates who like to use acrylic for provisional crown)
- 67. Tokoyama Estellite packable composite darkest shade available
- 68. Tokoyama flowable composite shades B1 & darkest shade available
- 69. Contour by Kerr - Amalgam capsules (2 spill slow set)
- 70. 3M ESPE STD firmer set PVS Putts .

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## Auxiliaries

71. Temporization material Mixing gun
72. Temporization material Mixing tips
73. Matrix band anatomical #1; 0.0015 thickness
74. Tofflemire matrix retainer
75. Soft plastic anatomical wedges largest size
76. Bonding agent
77. Mylar strip [extra thin, wide]
78. Fender wedge [yellow, green & orange]
79. Finishing strips [narrow & wide] 3M
80. K-file size 25
81. Hard Base plate wax [red not pink]
82. Articulating papers

## Others

83. Digital caliper gauge (Canadian Tire) not a must-buy
84. Waxed braided floss [Dollarama]
85. Black felt-tip pen
86. KY jelly (water-based lubricant for rubber dam)
87. Pure Vaseline (petroleum based, not lotion)
88. Key chain white flash light [Dollarama]
89. Tooth brush
90. 0.5 mm mechanical pencil

## Sources

- |  |                           |
|--|---------------------------|
| • Larr sales (Kumar)                     | 905.474.2233              |
| • Henry Schien (Franca Parente)          | 1 (800) 837 0175 ext 4332 |
| • Dental Mart                            | 1 (877) 275 1119          |
| • Crosstech for multi-fluted burs: Grace | 647.403.1883              |